

Report of: Area Leader

**Report to: Outer North West Community Committee – Guiseley and Rawdon,
Otley and Yeadon, Adel and Wharfedale and Horsforth**

Report author: Jenna Robinson - 0113 378 5475

Date: 4th March 2019

To note

Community Committee Update Report

Purpose of report

1. This report updates the Community Committee on the work of the sub groups of the Committee: Environment & Community Safety; Employment, Learning and the Local Economy; Children's Services and Family Health; Adult Social Care, Health & Well-being and Highways & Transportation and Policy.
2. The report also updates the Community Committee on community forums and partnership working that has taken place in the area since the last meeting.

Main issues

3. The Outer North West Community Committee has a range of sub groups which set priorities, agree topics for consideration at Community Committee and develop action plans to address issues of thematic importance. The committee currently operates six sub groups: Environment & Community Safety; Employment, Learning and the Local Economy; Children's Services and Family Health; Adult Social Care, Health & Well-being; Highways & Transportation and Policy.
4. Sub group meetings are informal meetings and not open to the public, however local residents or representatives of other organisations may be invited to attend and speak at the discretion of the chair of each sub group.
5. Where possible the Community Committee Champion has been aligned with the relevant sub group chair and in consultation with the theme leads have provided the following updates:

6. Environment Sub Group

Cllr Barry Anderson to provide a verbal update.

7. Community Safety Sub Group

Cllr Barry Anderson to provide a verbal update.

8. Health, Wellbeing and Adult Social Care

The Health, Wellbeing and Adult Social Care sub group met on 11th December 2018. Cllr Lay, as the chair of the subgroup for this topic will provide a verbal update at the committee meeting.

9. Children's Service and Family Health

The Children's and Family health sub group met on the 14th January 2019. The chair of the sub group, Cllr Pat Latty, chair of the subgroup, will provide a verbal update at the committee meeting. The Outer North West Youth Summit has been postponed due to unforeseen circumstances, the event will now take place on Friday 26th April 2019 at the Banqueting Suite in the Civic Hall. The consultation over the Christmas period was very successful collating over 1000 children and young people's views of provision in their area. The YAF workshop where members from the children and family health sub group make recommendations on applications submitted to the committee will take place on Friday March 29th 2019.

10. Community Forums

The Guiseley and Rawdon Forum took place on 6th February at Guiseley Methodist Church. See appendix 1 for the meeting minutes from 6th February 2019 meeting. The Yeadon Forum also took place at Yeadon Town Hall on 13th February 2019 with the Yeadon Christmas lights AGM. See Appendix 2 for the meeting minutes from this meeting and Appendix 3 for the presentation on Leeds Bradford Airport.

11. Christmas Lights events

Horsforth Town Council offered thanks to the Outer NW community committee for the wellbeing grant of £3,414 in support of Christmas decorations and especially the Christmas Light switch on event which took place on 1/12/2018. They said the event could not have gone ahead without the support of the committee.

Yeadon Lights switch on event was also a success with the Yeadon Lights Committee providing a £4,000 contribution which was fundraised in the community.

12. Update from Public Health –Health and Wellbeing (March 2019)

13. Cold Weather and Isolated / Vulnerable residents

Where's your next hot meal coming from?

If you are a carer, paid or voluntary, a neighbour, someone close to a vulnerable isolated older person or a health and social care professional such as a social worker or district nurse you may come across someone who is having problems with eating and possibly at risk of malnutrition.

One in ten people are malnourished – often those who are lonely, have a change in personal circumstances, have mobility problems, don't know how to cook, don't know what to cook or just no longer interested.

What do we mean by malnutrition? It is a serious condition that occurs when a person's diet doesn't contain the right amount of nutrients and can be either:

- Under-nutrition – not enough nutrients
- Over-nutrition – more nutrients than you need

Malnutrition and dehydration are both causes and consequences of illness and have significant impact on anyone's health

But how can we help? Just by starting a conversation:

- "It's going to be cold – have you got a hot meal for later?"
- "I'm off to the shops – need anything?"
- "What are you having for dinner tonight?"
- "Fancy a hot drink?"

It means you can start talking about food and drink in a casual way and find out what help they need. The website www.leeds.gov.uk/nexthotmeal gives you access to all sorts of support material and information that you can pass on too.

So the next time you visit an older person, either professionally or personally, why not ask "Do you know where your next meal is coming from?" and see what happens.

14. Lunch Clubs

2018/19 saw 87 lunch clubs funded across the city with just over 2800 older people receiving a hot, nutritious meal for around 40 weeks of the year.

Leeds Community Foundation, in partnership with Leeds City Council, are pleased to be offering grants to support the vital work of lunch clubs across the city for 2019/20. These grants are specifically for the running costs of lunch clubs and can support new clubs as well as helping existing ones to continue delivering services.

Clubs must run activities in Leeds and be providing regular hot meals to local older people. Funding is awarded as a contribution towards running costs and can help with rent, training, meal costs and volunteer expenses. The scheme cannot cover day trips, home delivery of meals or additional social activities provided by lunch clubs. In order to be eligible, clubs must:

- be run by a management committee, have a constitution/governing document and a bank account in the name of the club (or of the charitable Organisation which runs the club)
- serve approximately 20+ hot meals per week to older people (if you have a smaller number, the panel may use discretion and award a grant which as be scaled down proportionately)
- operate for at least 40 weeks of the year (if you operate for fewer weeks, the panel may use discretion and award a grant which as be scaled down proportionately)
- have adequate insurance and volunteers who are trained, specifically in Food Handling
- New clubs must be able to demonstrate the need for their services
- Clubs must make use of appropriate training for volunteers and be prepared to work with other local organizations

The deadline for receipt of applications is 12 noon on Thursday 14th February 2019. Any queries about the program can be directed to the Leeds Community Foundation Grants Team on 0113 242 2426 or e-mail grants@leedscf.org.uk

15. Cold Weather and Older Citizens

It is that time of year again when seasonal influenza is here and time to promote the uptake of the best protection – the vaccine.

The link below is for the Council's public facing webpage that has a wealth of information on the why, who and how. Leaflets and posters are available to promote uptake of the vaccine and these can be viewed and downloaded via the webpage.

Leaflets and resources are also available from the Public Health Resource Centre Please encourage uptake of the flu vaccine with service users, their families and carers and frontline staff as you feel appropriate.

For more information on any of these topics please contact Kevin.McGready@leeds.gov.uk or go to www.leeds.gov.uk/flu

16. Winter Friends

Following on from work carried out in 2018 an e-briefing has now been made available to support more people to become Winter Friends. Being a Winter Friend means you are equipped with knowledge, resources and signposting information to support a vulnerable person during winter. There are nine evidence based, high-impact interventions that can support vulnerable people during winter and these are covered in the Winter Friends e-briefing.

You can now access the Winter Friends e-briefing on the Public Health Resource Centre Website by clicking on Winter Friends e-briefing 18/19 (please note you will need to open the file and play as a slideshow in PowerPoint).

Once the e-briefing has been viewed, Winter Friends can collect a resource pack from the Public Health Resource Centre (Technorth Centre, 9 Harrogate Road Leeds LS7 3NB) to support conversations and promotion of relevant campaigns. To provide and increase support across Leeds, we would be really grateful if this information could be shared to encourage access to the resources.

For more information on any of these topics please contact Rachel.Brighton2@leeds.gov.uk

17. Social Isolation Tool for signposting vulnerable citizens to support services

Go to <https://leeds.care.vu/>

Using the isolation support tool

The isolation support tool helps you find the names, websites and phone numbers of support resources for residents who may be socially isolated.

1. Click on the menu ☰ and select "Isolation Tool".
2. If you know the category for resources you want to look up, pick "Choose from list" and pick the category from the list.
3. If you don't, click "Interactive" and the tool will ask you some basic questions about the resident, leading you to the most appropriate category. You can go back or restart at any time.
4. By default, all resources are shown. If the resident is not older, BAME or LGBT+, you can exclude resources that are specifically for these people by unticking the boxes at the bottom at any time. Contact Jonathan.Hindley@leeds.gov.uk for more information.

18. Outer North West Community hub/ library update

Otley

- Otley library and OSC re located into the Community Centre at Cross Green on Otley at the beginning of December 2018.
- Staff and customer settled well into the reduced services and working with the partners continues to go well.
- Librarians have taken this opportunity to conduct a customer consultation about Storytime.
- We continue to facilitate the Thursday evening readers group.

Yeadon

- Room bookings are on the increase, Welfare Rights are utilising for appeals & weekly surgery, Leeds Mind ad hoc.

- Drop down “hot desking” is also getting an increase of LCC staff at Yeadon, from Leisure & other depts.
- Learn my Way sessions at Yeadon are going from strength to strength with 5 people attending the last session 31/1 (we can only accommodate 6 – This is website with module that help customer to get more confident using online services .
- story time session at Yeadon with over 9 children and adults attending. They had a great time with Rhymes and bubbles.
- Job shop Pop Up – A new pilot Jobshop pop up at Yeadon started on Thursday 31/1/19 – This is very popular with very positive feedback. A worker from the Leeds Jewish Welfare Board attended the pop up to speak to Rebecca about recruiting via Job shops across Leeds and utilising their services. (See Appendix 4 for leaflet)

Horsforth

- CAP Jobshop returns to Horsforth on 30th Jan for a 7 week period.
- Storytime still attracting lots of attendees.
- Learn my Way drop in sessions are very successful and are always full up each week.
- Knitting group ongoing and well attended by local residents.
- Games group ongoing and well attended by local and wider residents. Attracts wide age range of individuals, from 18 to over 80.
- Ballroom – repairs ongoing, provisional completion date of end February with hope that it may finish end of January 2019.
- Pop up session Touchstone started in February. It was successful as it got many of our customers stopping for a chat and asking about more information from them. Poster advertising a 7 week course to promote good mental health for men has been displayed and distributed locally.

19. Updates from NHS Leeds Clinical Commissioning Group

NHS Leeds Clinical Commissioning Group (CCG) has developed a proposal for urgent treatment centres for the citizens of Leeds and would like to hear your views.

Over the last few years we have spoken to local people who have told us that it’s not always clear who would be best placed to help you, or a loved one, when you’re not feeling well or have been injured.

This is especially the case where you feel you need to be seen quite quickly but you know it’s not an emergency. We know that the way services are currently designed to help you in this situation – which we often call urgent care services – are not easy to understand.

Urgent care is care that someone feels is needed on the same day but their illness or injury is not life-threatening. This could include anything from cuts, minor injuries, bites or stings through to mild fevers, vomiting and diarrhoea etc.

We feel that our proposals will help simplify the system for you when you have an urgent care need.

The CCG is encouraging people to feedback their views by completing a survey, available online or in paper format. You can also attend one of the events the CCG has organised. Further details are available on the web address below.

Read the proposals in full and have your say today:
www.leedsccg.nhs.uk/UTCsurvey.

Item 2: The Leeds Big Thank You campaign

We write to make you aware of a new citywide campaign, the 'big thank you / you can be a winter hero'. This is a system-wide campaign that covers the NHS, Leeds City Council, community and voluntary sector organisations, carers and the unsung heroes among our communities. I hope you will join me in supporting this very compassionate campaign that we recently launched with the Yorkshire Evening Post.

Please join us in:

- Saying a public thank you to all those in our wards who are helping people stay well this. Write your message on the board here: www.bigthankyouleeds.co.uk - you can see the messages we've already received here: <https://bigthankyouleeds.co.uk/big-thank-you-gallery/>
- Sharing the message on your social media and at events you are at, that we can all be winter heroes by: looking after our own health, checking in on our elderly or vulnerable neighbours and being prepared for bad weather.

The campaign seeks to encourage people to say a thank you to their winter heroes from all walks of life. This could range from frontline public sector staff, community and voluntary staff as well as people within our communities who look out for others such as unpaid carers or a community connector. At the same time we are also encouraging people to think about small steps they could take so that they too could be a winter hero. This could include getting a flu jab, looking out for neighbour or planning ahead for any bad weather. This is an opportunity to try an innovative approach to deliver some of our key prevention messages for winter in an effort to reduce wider system pressures.

We're pleased with the support we've received locally from the NHS in Leeds, Leeds City Council and our community and voluntary sector organisations. Recently we have also been joined by West Yorkshire Police, the British Transport Police and the Yorkshire Ambulance Service NHS Trust.

You will know many individuals and organisations in your ward and beyond who keep your community and the city going through winter and beyond. Now's a great chance to say thanks to them.

Item 3: We're Proud to be 'Looking out for our Neighbours'

We are excited to announce that we are supporting a brand new community campaign from West Yorkshire and Harrogate Health and Care Partnership.

'Looking out for our Neighbours' is a new campaign that aims to help prevent loneliness in our communities by encouraging people to do simple things to look out for one another.

Although lots of people in Leeds are already doing great things to help those around them, there is still more we can all do to positively impact on the wellbeing of others.

A Health Foundation report (December 2018) highlighted how living alone can make older people 50% more likely to find themselves in A&E than those living with family. Pensioners living alone are also 25% more likely to develop a mental health condition. 'Looking out for our Neighbours' aims to change this - by inspiring people to do small things to reach out to the people around them.

The campaign will launch on the 15th March across West Yorkshire and Harrogate and has been co-created with over 100 residents in these areas, drawing on their neighbourly experiences. Keep an eye out for more information.

Conclusions

20. The Outer North West Community Committee sub groups provide the committee with the opportunity to consider information on key areas of work in partnership with officers and community organisations, as well as enabling direct links to be established with the Community Champions and Executive Board Members.

Recommendations

21. Members are asked to:

- Note the work of the sub groups and areas of partnership working since the last Community Committee meeting.
- Note the Community Forums updates
- Note the Public Health updates
- Note updates from Christmas Lights events
- Note the updates from Outer North West Community hubs
- Note the update from Leeds Clinical Commissioning groups